

Galleywood Infant School

Eco Race

Active Travel to School



Dear Parents

Here at Galleywood we are very proud of the healthy lifestyle of our community. To promote an even more active and healthy way to start the day, we are encouraging children, parents and members of staff to participate in the Essex Eco Race, beginning on 7 October. This starts at your front door! Leave the car at home! Get fit! Be healthy! Use alternative transport and you will not only feel better but you will also reduce congestion and pollution in the roads around the school.

We would like as many of you as possible to cycle, scoot or walk to school. Bikes and scooters can be left along the blue fence by the Owl's classroom. Each class will be given a set of Eco Race Score Sheets which will be marked according to the way they travel to school:

5 points for cycling, 4 points for scooting, 3 for walking, 2 points for taking the bus and 1 point for coming by car.

Children who live a long way from school can gain points if they cycle, scoot or walk the last half mile. The project will be repeated every day for three weeks each term.

The class with the highest score each week will win a prize... extra playtime/ Golden Time. The child with the highest score each week will win a healthy goody bag. In July 2014 the school will be awarded either a Gold, Silver or Bronze Active Travel Award or a Certificate of Participation.

Dates for the Eco Race

Autumn Term: three weeks: 7 October, 14 October, 11 November

Spring Term: three weeks: 10 March, 17 March, 24 March

Summer Term: three weeks: 12 May, 19 May, 9 June

We do hope as many of you as possible will support your children in this new, healthy venture. Thank you in anticipation of your support.

Kathy Shiels

PE Co-ordinator