

Galleywood Infant School



New Menu Winter



2018/19

Commences



Menus may occasionally be
subject to change



Week 1

w/c 29 Oct, 19 Nov, 10 Dec, 14th Jan, 4th Feb, 4th March, 25th March

Monday



Pizza Day!

Homemade Pizza topped with cheese & tomato
Served with cous cous, sweetcorn or mixed salad

Flapjack

Cut Fresh Fruit
Organic Fruit Yoghurt

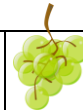
Tuesday

Homemade Sausage Roll

Mash
Broccoli / Peas

Autumn Loaf

Mash
Broccoli / Peas



Jelly with Cream

Cut Fresh Fruit
Organic Fruit Yoghurt

Wednesday

Roast Chicken with Yorkshire Pudding & Gravy

Crispy Roast Potatoes
Sliced Carrots / Shredded Cabbage

Jacket Potato Day

with Cheese/Coleslaw/Baked Beans
Served with winter coleslaw or mixed
green salad

Coconut & Cranberry Cookie

Cut Fresh Fruit
Organic Fruit Yoghurt



Thursday

Turkey Bolognese with Crusty Bread

**Frittata
with Crusty Bread
Salad**

Fresh fruit pot
Organic Fruit Yoghurt

Friday

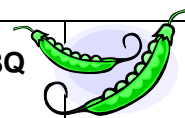
Bubble Fish Fillet

Chips
Peas / Beans



Quorn Dippers with BBQ Sauce

Chips
Peas / Beans



Ice Cream Pot

Cut Fresh Fruit
Organic Fruit Yoghurt



**Dietary needs (i.e. vegetarian, allergies etc) are catered for
Bread and a selection of salads always available**



Week 2

w/c 5th Nov, 26th Nov, 17th Dec, 21st Jan, 11th Feb, 11th March, 1st April




Monday

Macaroni Cheese Peas / Mixed Salad	Vegetarian Burger in a Bun with Tomato Relish Peas / Mixed Salad	Lemon Drizzle Sponge Cut Fresh Fruit Organic Fruit Yoghurt
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Tuesday

Homemade Chicken Pie & Gravy New Potatoes Fresh Sliced Carrots / Green Beans	Cheddar Whirls New Potatoes Fresh Sliced Carrots / Green Beans	Chocolate Muffin Cut Fresh Fruit Organic Fruit Yoghurt
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Wednesday

 Local Butcher's Roast Turkey with Yorkshire Pudding & Gravy New Potatoes Seasonal Vegetables	Jacket Potato Day with Cheese/Coleslaw/Baked Beans Served with winter coleslaw or mixed green salad	Fruit Pot Organic Fruit Yoghurt
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Thursday

Smoky BBQ Mince Beef Mixed Rice Sweetcorn	Vegetarian Sausage & Gravy Mixed Rice Sweetcorn	Homemade Cookie Organic Fruit Yoghurt
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Friday

Butchers Pork Sausages Chips Peas / Baked Beans	Homemade Tuna Fish Cakes or Veggie Nuggets Chips Peas / Salad	Fruit Smoothie Organic Fruit Yoghurt Cut Fresh Fruit
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Week 3



w/c 12th Nov, 3rd Dec, 7th Jan, 28th Jan, 25th Feb, 18th March



Monday

Jacket Potato Day! with Cheese & Coleslaw, Baked Beans, Quorn Bolognese, Just Cheese Served with winter coleslaw or mixed green salad	Jammy Cup Cake Cut Fresh Fruit Organic Fruit Yoghurt
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Tuesday

Rainbow Pasta Bolognese with Crusty Baguette	Pasta Napolitano with Crusty Baguette	Autumn Spice Tray Bake Cut Fresh Fruit Organic Fruit Yoghurt
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Wednesday

Local Butcher's Roast Pork with Yorkshire Pudding & Gravy Crispy Roast Potatoes Carrots / Sweetheart Cabbage	Jacket Potato Day with Cheese/Coleslaw/Baked Beans Served with winter coleslaw or mixed green salad	Apple Crumble & Ice Cream Cut Fresh Fruit Organic Fruit Yoghurt
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Thursday

Pork Meatballs White & Wholegrain Mixed Rice Garden Peas	Quorn Balls Rice Garden Peas	Fruit Pot Organic Fruit Yoghurt
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Friday

Jumbo Fish Finger Chips Baked Beans / Sweetcorn	Omelette Chips Baked Beans / Sweetcorn	Chocolate Crispy Cake Cut Fresh Fruit Organic Fruit Yoghurt
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