



ACL

FAMILY
LEARNING



Family First Aid

Friday 6th December 2019

9.30am-11.30am

At Chelmsford West Delivery Site, Dixon Avenue,
Chelmsford, CM1 2AQ

The First Aid workshop will provide you with how to:

- deal with minor injuries in the home,
- perform a primary survey and CPR and
- prevent accidents both in the home and outside

**To book your place or for more information please contact
Adult Community Learning on 03330 321597**

(If we are unable to answer your call, please leave a voicemail with your name, number and the course you wish to book onto and we will call you back)

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