

# Galleywood Infant School

## Menu



### 2023

Commences: Monday 9 January 2023





Menus may occasionally be subject to change

### Week 1

w/c 9 January, 30 January, 27 February and 20 March 2023



#### Monday

 <b>Macaroni Cheese (v)</b> <b>Roasted Vegetable Pasta (v)</b>	 <b>Baked Crusty Bread</b> <b>Roasted Broccoli</b>	<b>Flapjack (v)</b>
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#### Tuesday

 <b>Battered Chicken Pieces</b> with sweet and sour or BBQ sauce (p) <b>Boston Bean Burger (v)</b>	<b>Wholegrain and White Rice</b> <b>Peas</b> <b>Sweetcorn</b>	 <b>Sponge and Custard (v)</b>
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#### Wednesday

 <b>Roast Lunch</b> <b>Garlic and Herb Roast Quorn Fillet (v)</b>	<b>Crispy Roast Potatoes</b> <b>Yorkshire Pudding</b> <b>Seasonal Vegetables</b> <b>Gravy (optional)</b>	 <b>Fruit Day (v)</b>
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#### Thursday

<b>Minced Beef and Vegetable Pie</b> <b>Cheese Whirl (v)</b>	<b>Mashed Potato</b> <b>Carrots</b> <b>Broccoli</b>	 <b>Cookie</b>
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#### Friday

<b>Omega 3 Fish Fingers</b> <b>Home Baked Sausage Twist (v)</b>	<b>Chips</b> <b>Baked Beans</b> <b>Peas</b>	 <b>Fruit and Ice Cream (v)</b>
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Dietary needs (i.e. vegetarian, allergies etc) are catered for  
 Bread and a selection of salads always available






# Week 2

w/c 16 January, 6 February, 6 March and 27 March 2023




## Monday

 <p>Homemade Cheese and Tomato Pizza (v) Naanizza (v)</p>	<p>Coleslaw Sweetcorn and Mixed Pepper Salad</p>	 <p>Fruit Day</p> 
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## Tuesday

<p>Pork and Spinach Pasta Cheese Jacket Potato and Mixed Salad (v)</p>	<p>Broccoli Carrots</p>	<p>Eve's Pudding and Custard (v)</p>
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## Wednesday

<p>Roasted Chicken Thigh Casserole Roasted Vegetable Strudel (v)</p>	<p>Crispy Roast Potatoes Seasonal Vegetables Gravy (optional)</p>	<p>Yoghurt</p> 
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## Thursday

<p>Spaghetti Bolognese Sweet and Sour Dippers (v)</p>	<p>Sweetcorn</p>	 <p>Biscuit (v)</p>
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## Friday

<p>Butcher's Burger Boston Bean Burger (v)</p>	 <p>Chips Baked Beans Peas</p>	 <p>Ice Cream</p>
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## Week 3

w/c 23 January, 20 February and 13 March 2023


### Monday

<b>Fish Fillet</b> <b>Crispy Dippers (v)</b>	<b>Mashed Potato</b> <b>Baked Beans</b> <b>Peas</b>	<b>Flapjack (v)</b>
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### Tuesday

<b>Enchiladas</b> <b>Vegetable Chilli (v)</b>	<b>Savoury Rice</b> <b>Roasted Vegetables</b>	<b>Vanilla Sponge and Custard (v)</b>
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### Wednesday

 <b>Roast Lunch</b> <b>Seasoned Quorn Strips in a</b> <b>Yorkshire Pudding</b>	<b>Crispy Roast Potatoes</b> <b>Yorkshire Pudding</b> <b>Seasonal Vegetables</b> <b>Gravy (optional)</b>	 <b>Fruit Day</b> 
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### Thursday

<b>Pasta Neopolitan (v)</b> <b>Roasted Vegetable Crumble (v)</b>	<b>Crusty Bread</b> <b>Broccoli</b>	<b>Carrot and Ginger Cake (v)</b>
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### Friday

<b>Butcher's Sausage (p)</b> <b>Fluffy Omlette (v)</b>	 <b>Chips</b> <b>Sweetcorn</b> <b>Peas</b>	<b>Fruit Day</b>
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**Bread and a selection of salads always available**

