

Summer 2- Growing and Changing

This half term we will be following the SCARF PSHE unit 'Growing and Changing' across the school. This unit allows children to explore the concept that everyone has the right to respect and how we can be respectful towards others.

EYFS- Foxes and Badgers	Year 1- Owls and Hedgehogs	Year 2- Rabbits and Squirrels
<p>The children will explore the concept of change by learning about seasonal changes; they will then learn about the lifecycles of frogs and butterflies, identifying the changes they go through as they grow. The stages of the human lifecycle will be discussed through the texts 'Once there were giants' and 'There's a house inside my mummy'. The children will talk about how they have changed since they were a baby and a toddler. They will talk about physical changes and things they can do now. The children will watch the NSCPCC Pantosaurus video about keeping private body parts private.</p>	<p>The children will reflect on what they could do as a baby, as a toddler and now as a young child. They will discuss how their bodies have grown and changed, revisiting the PANTS resources from the NSPCC. They will also discuss a range of scenarios as they identify the differences between secrets and surprises, e.g. a secret might feel uncomfortable but a surprise might include a birthday present. They will talk about who they might talk to in these situations. They will also talk about who they could talk to if they were worried about someone being unkind, teasing or a bullying situation.</p>	<p>This unit revisits the concepts of privacy and consent. They will discuss private body parts, private belongings and private information. They will debate a range of situations e.g. whether it is right to look through someone's bag or tell a friend someone's private information. They will talk about that in some instances trusted adults may need to be told information e.g. if someone has hurt themselves in a game. The children will also play some trust and communication games, including guiding someone wearing a blindfold across an obstacle course! They will identify how to use supportive language.</p>

Books you could share about growing and changing together at home:

