Our Vision for Physical Education (PE)

We want every child to enjoy being active, develop physical competence and build confidence.

Our progression PE journey

Our curriculum follows the Statutory Framework for EYFS and National Curriculum, with skills building year on year.

EYFS
Physical Development

Children develop their balance, coordination and movement while building confidence and control through active play.

Year 1
Build the basics

Children build the basics through running, jumping, throwing and catching, while developing balance, agility and coordination.

Year 2
Apply and combine

Children apply and combine their skills with greater control and accuracy, working as a team in games and activities.

EYFS children also have opportunities to take part in Balance Ability, developing early balance, control and confidence.

What We Teach in PE

Children experience a **broad and varied PE curriculum**, developing fundamental movement skills such as **running, jumping, balancing, throwing and catching**.

They apply these skills across a **range of sports and activities**, including gymnastics, dance, athletics, football, tennis, rugby, cricket, cheerleading and more.

In KS1, children have **three 40-minute PE lessons each week**, taught by our PE specialists:

Gymnastics by Miss Knights

Games or Athletics by Mrs Gowers

Dance by Miss Katie

Staying Active in EYFS



























Our Facilities

School Field

Our school field is used for outdoor games, athletics, sports day and forest schools.

MUGA

Our football astro is used for a range of ball skills and games throughout the year.

Playground

Our playground has a range of equipment for example the trim trail, pirate ship and spider climber support climbing, balancing, coordination, agility and confidence.

School Hall

Our hall is used for dance and gymnastics and has a range equipment including blocks, ramps, beams, mats and wall bars.















GALLEYWOOD INFANT SCHOOL

Gymnastics at Galleywood Infant School



















Dance at Galleywood Infant School



















Games/Athletics at Galleywood Infant School





















Active Lifestyle

Active travel

The WOW Travel Tracker encourages children and families to choose active ways of travelling to school and develop healthy habits.

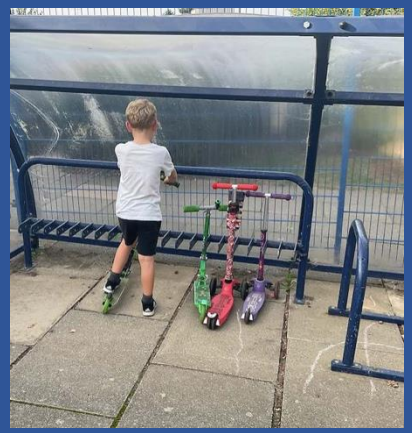
Forest School

KS1 Forest School provides opportunities to learn, explore and be active outdoors, supporting physical confidence, coordination, balance, resilience, independence and teamwork.

Active opportunities

Lunchtime activities, after-school clubs and sporting events/days give children further opportunities to be active.













Playtime at Galleywood Infant School





















Our PE Clubs

Little Musketeers Fencing

Developing coordination, concentration, agility and confidence.



Tennis Club

Led by Mrs Gowers, giving children opportunities to develop their tennis skills and enjoyment of the sport.



Dance Club

Led by Miss Katie, developing rhythm, movement, creativity and confidence through dance.



Competitions

Events are held across Boswells, Melbourne Athletics Stadium and Great Baddow High School.

Chelmsford Schools Sports Partnership

We are proud to be part of the partnership, providing children with opportunities to develop sporting skills, confidence and teamwork.

Teddy Lympics

Selected children

An opportunity for children to take part in a fun, inclusive sporting event and develop their athletics skills.

All-In Session

Selected children

A supportive sporting opportunity designed to encourage participation, confidence, enjoyment and teamwork.

Christmas Dance Festival

Selected children

Children have the opportunity to perform, work collaboratively and celebrate their dance skills.

Sports Hall Athletics

Selected children

Children apply their running, jumping and throwing skills in a team athletics competition.

Cheerleading Competition

Selected children

Children showcase their cheerleading skills, teamwork, performance and confidence.

Mini Olympics

All Year 2 children

Year 2 children take part in a range of athletics activities alongside children from other schools.